

## Snoqualmie Valley Elementary Lunch Menu

## February 3-28 2014

A full student lunch includes a choice of entrée supplying protein and grain, vegetables, fruit, and milk choices of $1 \%$ white and skim chocolate. Price: Breakfast- \$1.75 Reduced \$0.00 Adult \$2.25 Lunch- \$3.25 Reduced \$0.40 Adult \$4.00

| Monday Popcorn Chicken -- -or-- Bean and Cheese Burrito Apple Slices Sweet Potato Fries Salsa | Tuesday <br> Soft Beef Tacos <br> --or-- <br> Mini-Corn Dogs <br> Mexican Corn <br> Refried Beans Salsa <br> Fresh Fruit <br> Mixed Green Salad | Wednesday Brunch for Lunch: Cinnamon Texas Toast / Sausage Patty --or-- Bagel, Yogurt \& Cheese Hash Brown Apple Fresh Cucumber Coins | Thursday Chicken Patty on Whole Grain Bun----or-- -- Deli Turkey \& Cheese on Whole Grain Bun Peach Slices Mixed Salad Carrot Potato Chips Sticks | Pepperoni Pizza --or-- <br> Cheese Pizza <br> (both on whole grain crust) Assorted Fresh Fruit Fresh Cucumber Coins Baby Carrots |
| :---: | :---: | :---: | :---: | :---: |
| Beef Teriyaki Dippers w/ Brown Rice --or-- <br> Bean and Cheese Burrito Seasoned Green Beans Chilled Peaches Fresh Broccoli Florets Salsa | Cheeseburger on Whole Grain Bun --or-- <br> Penne Pasta Marinara \& Cheese/ Bread Stick Oven Baked Fries Fresh Assorted Fruit Fresh Baby Carrots | Brunch for Lunch: <br> Whole Wheat Pancakes / Sausage Links --or-- <br> Breakfast Egg, Sausage \& Cheese Burrito Breakfast Tots Orange Smiles Fresh Cucumber Coins | Turkey Ham \& Cheese on a Whole Grain Bun --or-- <br> Whole Grain Cheese Quesadilla Hot Tomato Soup Assorted Fresh Fruit Fresh Celery Sticks Salsa | Pepperoni Pizza --or-- <br> Cheese Pizza <br> (both on whole grain crust) Chilled Pears Fresh Celery Sticks Fresh Broccoli Florets |
| 17 | $18$ <br> MID- |  | $20$ <br> AK | 21 |
| Meat \& Cheese Nachos --or-- <br> Cheese Nachos Pinto Beans <br> Fresh Fruit choice Fresh Cucumber Coins Salsa | Mini Beef Slyders <br> --or-- <br> Mini- Corn Dog <br> Oven Baked Fries Fresh Assorted Fruit Fresh Baby Carrots | > Brunch for Lunch: Cinnamon Texas Toast / Sausage Link --or-- <br> Egg \& Cheese Sandwich on Muffin <br> Baked Potato Wedges Apple Slices Fresh Cucumber Coins | Whole Wheat Spaghetti w/Meat Marinara <br> \& Warm Whole Grain Roll -or- <br> Chef's Salad w/ Whole Grain Roll Rosy Applesauce Fresh Baby Carrots Green Beans | Pepperoni Pizza --or-- <br> Cheese Pizza <br> (both on whole grain crust) Mix Green Salad Fresh Broccoli Florets Assorted Fresh Fruit |

For any questions please call
Tom Soika,
Food Service Director at (425)
831-8009
The School Lunch Program is operated in accordance with U.S. Department of Agriculture policy which does not permit discrimination because of race, color, sex, age, handicap or national origin. Any person who believes that he or she has been discriminated against in any U.S.D.A. activity should write to the Secretary of Agriculture, Washington, D.C. 20250.

