



## Snoqualmie Valley Elementary Lunch Menu

**JANUARY 6-31 2014**

A full student lunch includes a choice of entrée supplying protein and grain, vegetables, fruit, and milk choices of 1% white and skim chocolate. **Price: Breakfast- \$1.75 reduced \$0.00 Adult \$2.25 Lunch- \$3.25 Reduced \$0.40 Adult \$4.00**

Monday	Tuesday	Wednesday	Thursday	Friday
<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>
<b>Breaded Chicken Strips</b> --or-- <b>Bean and Cheese Burrito</b> Chilled Peaches Baked Potato Wedges Salsa	<b>Soft Beef Tacos</b> --or-- <b>Turkey Corn Dog</b> Mexican Corn Refried Beans Salsa Fresh Fruit Mixed Green Salad	<b>Brunch for Lunch:</b> <b>Cinnamon Texas Toast / Bacon</b> --or-- <b>Bagel, Yogurt &amp; Cheese</b> Hash Brown Apple Fresh Cucumber Coins	<b>Deli Turkey &amp; Cheese on Whole Grain Bun</b> --or-- <b>Cheese Quesadilla</b> Peach Slices Potato Chips Salsa	<b>Pepperoni Pizza</b> --or-- <b>Cheese Pizza</b> (both on whole grain crust) Assorted Fresh Fruit Fresh Cucumber Coins Baby Carrots
<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>
<b>Meat &amp; Cheese Nachos</b> --or-- <b>Cheese Nachos</b> Pinto Beans Fresh Fruit choice Fresh Cucumber Coins Salsa	<b>Cheeseburger on Whole Grain Bun</b> --or-- <b>Penne Pasta Marinara/ bread Stick</b> Oven Baked Fries Fresh Assorted Fruit Fresh Baby Carrots	<b>Turkey Dinner</b> Mashed Potatoes & Gravy --or-- <b>Cheese Sandwich on ww</b> Hot Peas Fresh Fruit Choice	<b>Chef's Salad w/ Whole Grain Roll</b> --or-- <b>Cheese Quesadilla</b> Rosy Applesauce Fresh Baby Carrots Salsa	<b>Pepperoni Pizza</b> --or-- <b>Cheese Pizza</b> (both on whole grain crust) Chilled Pears Fresh Celery Sticks Fresh Broccoli Florets
<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>
<b>Martin Luther King Jr Holiday</b>	<b>Chicken Burger on Whole Grain Bun</b> --or-- <b>Turkey Corn Dog</b> Baked Beans Hot Golden Corn Assorted Fresh Fruit	<b>Brunch for Lunch:</b> <b>Scrambled Eggs w/ Hot Biscuit</b> --or-- <b>Bagel, Yogurt, Cheese</b> Baked Potato Wedges Strawberry Cup Fresh Cucumber Coins	<b>Turkey Ham &amp; Cheese on a Whole Grain Bun</b> --or-- <b>Cheese Quesadilla</b> Hot Tomato Soup Assorted Fresh Fruit Fresh Celery Sticks Salsa	<b>Pepperoni Pizza</b> --or-- <b>Cheese Pizza</b> (both on whole grain crust) Fresh Baby Carrots Fresh Cauliflower Florets Assorted Fresh Fruit
<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>
<b>Beef Teriyaki Dippers</b> w/ Brown Rice --or-- <b>Bean and Cheese Burrito</b> Seasoned Green Beans Chilled Peaches Fresh Broccoli Florets Salsa	<b>Cheeseburger on Whole Grain Bun</b> --or-- <b>Popcorn Chicken</b> Oven Baked Fries Fresh Assorted Fruit Fresh Baby Carrots	<b>Brunch for Lunch:</b> <b>Cinnamon Texas Toast / Sausage Link</b> --or-- <b>Egg &amp; Cheese Sandwich on Muffin</b> Baked Potato Wedges Apple Slices Fresh Cucumber Coins	<b>Mini Beef Slyders</b> --or-- <b>Turkey Corn Dog</b> Oven Baked Fries Fresh Assorted Fruit Fresh Baby Carrots	<b>Pepperoni Pizza</b> --or-- <b>Cheese Pizza</b> (both on whole grain crust) Mix Green Salad Fresh Broccoli Florets Assorted Fresh Fruit

For any questions please call  
 Pat Reilly, Food Service  
 Director at (425) 831-8009

The School Lunch Program is operated in accordance with U.S. Department of Agriculture policy which does not permit discrimination because of race, color, sex, age, handicap or national origin. Any person who believes that he or she has been discriminated against in any U.S.D.A. activity should write to the Secretary of Agriculture, Washington, D.C. 20250.